

Team No.	Team Name	Start time Time (please arrive 30 mins before)	Phase Order
001	Fell Flyers	0700	Cycle – Hike – Canoe
002	Old men of Coniston	0700	Cycle – Hike – Canoe
003	Swardeston Commoners	0700	Cycle – Hike – Canoe
004	The Olympigs	0700	Cycle – Hike – Canoe
005	Up In Smoke	0700	Cycle – Hike – Canoe
006	Deeside Adventure Cartel	0700	Cycle – Hike – Canoe
007	Deeside Adventure Dingos	0700	Cycle – Hike – Canoe
008	Sassy Classy Bold and Brassy	0700	Cycle – Hike – Canoe
009	Sunshine Warriors	0700	Cycle – Hike – Canoe
010	Almost Athletic	0700	Cycle – Hike – Canoe
011	Friends of Harrison	0700	Cycle – Hike – Canoe
012	Gaymeisters	0700	Cycle – Hike – Canoe
013	Retro Racing	0700	Cycle – Hike – Canoe
014	Wheelie Wonkers	0700	Cycle – Hike – Canoe
015	The Beats	0700	Cycle – Hike – Canoe
016	Moonshine	0700	Cycle – Hike – Canoe
017	Wild Warriors	0700	Cycle – Hike – Canoe
018	The Graney's	0700	Cycle – Hike – Canoe
019	Pandasaurus	0700	Cycle – Hike – Canoe
020	The Toxic Dogs	0700	Cycle – Hike – Canoe
021	Mighty Graph	0700	Cycle – Hike – Canoe
022	Worth a Tri	0720	Cycle – Canoe – Hike
023	Laking Around	0720	Cycle – Canoe – Hike
024	Hutton 1	0720	Cycle – Canoe – Hike
025	Hutton 2	0720	Cycle – Canoe – Hike
026	Littlewood 1	0720	Cycle – Canoe – Hike
027	Littlewood goes a long way	0720	Cycle – Canoe – Hike
028	Stinky Sock Crew	0720	Cycle – Canoe – Hike
029	The Pace Makers	0720	Cycle – Canoe – Hike
030	The Symbolics	0720	Cycle – Canoe – Hike
031	BRAT	0720	Cycle – Canoe – Hike
032	Team Farrell	0720	Cycle – Canoe – Hike
033	Team Melia	0720	Cycle – Canoe – Hike
034	Team Mitchell	0720	Cycle – Canoe – Hike
035	Team Wilson	0720	Cycle – Canoe – Hike
036	The Richo's	0720	Cycle – Canoe – Hike
037	2J	0720	Cycle – Canoe – Hike
038	A Royal Pair of Balls	0720	Cycle – Canoe – Hike
039	The Peters	0720	Cycle – Canoe – Hike
040	The Geordie Racers	0720	Cycle – Canoe – Hike
041	Woodford Elite	0740	Cycle – Hike – Canoe
042	Badass	0740	Cycle – Hike – Canoe
043	Tour de Farce	0740	Cycle – Hike – Canoe

044	North East's Finest	0740	Cycle – Hike – Canoe
045	Mountain Climber? I hardly know	0740	Cycle – Hike – Canoe
046	St.Helens Scramblers	0740	Cycle – Hike – Canoe
047	Blood, Sweat and Beers	0740	Cycle – Hike – Canoe
048	Three Men and a Little Lady	0740	Cycle – Hike – Canoe
049	Crazy Crew	0740	Cycle – Hike – Canoe
050	How hard can it be?	0740	Cycle – Hike – Canoe
051	Whatever	0740	Cycle – Hike – Canoe
052	Wob	0740	Cycle – Hike – Canoe
053	Rage Against the Wallpaper	0740	Cycle – Hike – Canoe
054	Sisters	0740	Cycle – Hike – Canoe
055	Ellie & Alice	0740	Cycle – Hike – Canoe
056	Low Mo's	0740	Cycle – Hike – Canoe
057	Terian	0740	Cycle – Hike – Canoe
058	The Chafing Dreams	0740	Cycle – Hike – Canoe
059	The Droitwich Dynamo's	0740	Cycle – Hike – Canoe
060	BRWF do a challenge in Conistor	0800	Cycle – Canoe – Hike
061	Caddick	0800	Cycle – Canoe – Hike
062	NJE Rascals	0800	Cycle – Canoe – Hike
063	The Sun Setters	0800	Cycle – Canoe – Hike
064	Yorkshire 3 Peaks	0800	Cycle – Canoe – Hike
065	Porsche Wolverhampton	0800	Cycle – Canoe – Hike
066	Sky	0800	Cycle – Canoe – Hike
067	Awesome Foursome	0800	Cycle – Canoe – Hike
068	Challenge Accepted	0800	Cycle – Canoe – Hike
069	Crips	0800	Cycle – Canoe – Hike
070	Tri-Hard Trailblazers	0800	Cycle – Canoe – Hike
071	Two Bold Mice	0800	Cycle – Canoe – Hike
072	Kayak Kings	0800	Cycle – Canoe – Hike
073	No Place Like Loam	0800	Cycle – Canoe – Hike
074	The Tri-Hards	0800	Cycle – Canoe – Hike
075	The Untouchables	0800	Cycle – Canoe – Hike
076	Thplanter	0800	Cycle – Canoe – Hike
077	Almond	0800	Cycle – Canoe – Hike
078	Styal Trekkers	0800	Cycle – Canoe – Hike