

Team No.	Team Name	Departure Time	Phase Order
1	Cencora Alloga	07:00	Cycle - Hike - Paddle
2	Cencora Alliance Healthcare – Support Office	07:00	Cycle - Hike - Paddle
3	Cencora Alliance Healthcare – Exeter	07:00	Cycle - Hike - Paddle
4	Cencora Alliance Healthcare – Operations	07:00	Cycle - Hike - Paddle
5	Cencora Alliance Healthcare - Southern ACCM Team	07:00	Cycle - Hike - Paddle
6	Cencora Alliance Healthcare – Chessington	07:00	Cycle - Hike - Paddle
7	The Jolly Boys	07:00	Cycle - Hike - Paddle
8	Holistic heroes	07:00	Cycle - Hike - Paddle
9	Stay Original	07:00	Cycle - Hike - Paddle
10	STAY ORIGINAL 2	07:00	Cycle - Hike - Paddle
11	Beyond Blonde	07:00	Cycle - Hike - Paddle
12	Fabulous at 50!	07:00	Cycle - Hike - Paddle
13	Roaring Dragon	07:00	Cycle - Hike - Paddle
14	Andy & Debs	07:00	Cycle - Hike - Paddle
15	Andy & Mark	07:00	Cycle - Hike - Paddle
16	omgshoes	07:00	Cycle - Hike - Paddle
17	Beavis and Butthead	07:00	Cycle - Hike - Paddle
18	Cheddar blondes	07:00	Cycle - Hike - Paddle
19	City joggers	07:00	Cycle - Hike - Paddle
20	Crazy Latvians	07:00	Cycle - Hike - Paddle
21	Dynamic Duo	07:00	Cycle - Hike - Paddle
22	Emandem	07:00	Cycle - Hike - Paddle
24	Michaelson	07:00	Cycle - Hike - Paddle
25	We're here for the cheese	07:20	Cycle - Paddle - Hike
26	Hatters	07:20	Cycle - Paddle - Hike
27	Awesome Foursome	07:20	Cycle - Paddle - Hike
28	Bryn's Babes	07:20	Cycle - Paddle - Hike
29	Cycle, Hike, Paddle, Drink!	07:20	Cycle - Paddle - Hike
30	Joy Riders	07:20	Cycle - Paddle - Hike
31	The Rack Pack	07:20	Cycle - Paddle - Hike
32	Hucclecote Ladies	07:20	Cycle - Paddle - Hike
33	Hucclecote Ladies Z	07:20	Cycle - Paddle - Hike
34	BM Caterers	07:20	Cycle - Paddle - Hike
35	BM Caterer	07:20	Cycle - Paddle - Hike
36	Abi & Sophie	07:20	Cycle - Paddle - Hike
37	Knockouts	07:20	Cycle - Paddle - Hike
38	Matt & Ed	07:20	Cycle - Paddle - Hike
39	Cheddar Mans	07:20	Cycle - Paddle - Hike
40	FCF Duo	07:20	Cycle - Paddle - Hike
41	Fearsome Frasers	07:20	Cycle - Paddle - Hike
42	The Obi Wan-derers	07:20	Cycle - Paddle - Hike
43	Wood	07:20	Cycle - Paddle - Hike
44	Mimi & Benji	07:20	Cycle - Paddle - Hike

46	Joke factory	07:40	Cycle - Hike - Paddle
47	Shreadies Men	07:40	Cycle - Hike - Paddle
48	THE LONG, THE SHORT AND THE CHUBBIES	07:40	Cycle - Hike - Paddle
49	Andy, Pandi, Pudding & Pies	07:40	Cycle - Hike - Paddle
50	Antipodean Adventurers	07:40	Cycle - Hike - Paddle
51	Wheely Gorgeous	07:40	Cycle - Hike - Paddle
52	Weoley Hill Trekkers	07:40	Cycle - Hike - Paddle
53	Red Hot Chilli Steppers	07:40	Cycle - Hike - Paddle
54	Rim Riders	07:40	Cycle - Hike - Paddle
55	In-Sync	07:40	Cycle - Hike - Paddle
56	The Gorgers	07:40	Cycle - Hike - Paddle
57	Robenna	07:40	Cycle - Hike - Paddle
58	The Simmonds Striders	07:40	Cycle - Hike - Paddle
59	Still Got It!	07:40	Cycle - Hike - Paddle
60	Sink, Spin, Stumble	07:40	Cycle - Hike - Paddle
61	Sisters Slay Team	07:40	Cycle - Hike - Paddle
62	So we can gorge on cheddar	07:40	Cycle - Hike - Paddle
63	What the F&K runners!	07:40	Cycle - Hike - Paddle
64	Munro	07:40	Cycle - Hike - Paddle
65	Good Cop, Bad Cop	07:40	Cycle - Hike - Paddle
66	Harvey Army	07:40	Cycle - Hike - Paddle
67	The long & short of it	07:40	Cycle - Hike - Paddle
68	Noka/Knak family	07:40	Cycle - Hike - Paddle
69	Unicorn speed demons	08:00	Cycle - Paddle - Hike
70	Team Mountain Sport	08:00	Cycle - Paddle - Hike
71	Finley	08:00	Cycle - Paddle - Hike
72	Fit and fabulous	08:00	Cycle - Paddle - Hike
73	Mini Pinks	08:00	Cycle - Paddle - Hike
74	Gorge-ous	08:00	Cycle - Paddle - Hike
75	Phats and Smalls	08:00	Cycle - Paddle - Hike
76	Schools out for Summer	08:00	Cycle - Paddle - Hike
77	Gaagy's Gang	08:00	Cycle - Paddle - Hike
78	Gracklins	07:40	Cycle - Paddle - Hike
79	The lads.	08:00	Cycle - Paddle - Hike
80	Sweaty and We Know It	08:00	Cycle - Paddle - Hike
81	Tr-yan Gi-ham	08:00	Cycle - Paddle - Hike
82	Tea For Two	08:00	Cycle - Paddle - Hike
83	These girls can and do!	08:00	Cycle - Paddle - Hike
84	The tortoise and the hare	08:00	Cycle - Paddle - Hike
85	Team Wrinty	08:00	Cycle - Paddle - Hike
86	Thames Valley Skiff Club	08:00	Cycle - Paddle - Hike
87	The alter-egos	08:00	Cycle - Paddle - Hike
88	Pala	08:00	Cycle - Paddle - Hike
89	Proper Crustys	08:00	Cycle - Paddle - Hike
90	Moscow Mules	08:00	Cycle - Paddle - Hike
97	Sunset Seekers	08:20	Cycle - Hike - Paddle
98	Old sweats	08:20	Cycle - Hike - Paddle