

Team No.	Departure Time	Team Name	Phase Order
1	07:00	Yorkshire Terriers	Cycle - Hike - Paddle
2	07:00	Yorkshire TEAs	Cycle - Hike - Paddle
3	07:00	TDQ Fiddlers	Cycle - Hike - Paddle
4	07:00	Woodley Old Boys	Cycle - Hike - Paddle
5	07:00	Onyx Scientific	Cycle - Hike - Paddle
6	07:00	The GF Yorkshire Puddings	Cycle - Hike - Paddle
7	07:00	Fomo	Cycle - Hike - Paddle
8	07:00	Generationally Useless	Cycle - Hike - Paddle
9	07:00	T&C Titans	Cycle - Hike - Paddle
10	07:00	Hilly Blancos	Cycle - Hike - Paddle
11	07:00	Mikeys Masters	Cycle - Hike - Paddle
12	07:00	Bex to the Future	Cycle - Hike - Paddle
13	07:00	The Phoenix Club	Cycle - Hike - Paddle
14	07:00	Doodys	Cycle - Hike - Paddle
15	07:00	WILLIFORD	Cycle - Hike - Paddle
16	07:00	Kiff family	Cycle - Hike - Paddle
17	07:00	Scrum to Summit	Cycle - Hike - Paddle
18	07:00	The 'B' Team.	Cycle - Hike - Paddle
19	07:00	The Sweaty Betty's!	Cycle - Hike - Paddle
20	07:00	TECS men	Cycle - Hike - Paddle
21	07:00	Twice the Grit	Cycle - Hike - Paddle
22	07:00	Team Murch	Cycle - Hike - Paddle
23	07:00	Becky & Helen	Cycle - Hike - Paddle
24	07:20	Lakeland Legends	Cycle - Paddle - Hike
25	07:20	The A Team	Cycle - Paddle - Hike
26	07:20	The Underdogs	Cycle - Paddle - Hike
27	07:20	Sunset Seekers	Cycle - Paddle - Hike
28	07:20	Dawn Dashers	Cycle - Paddle - Hike
29	07:20	Not fast or furious	Cycle - Paddle - Hike
30	07:20	What's a Wainwright?	Cycle - Paddle - Hike
31	07:20	Chaf and Status	Cycle - Paddle - Hike
32	07:20	Floors de France	Cycle - Paddle - Hike
34	07:20	Rainbow Rebels	Cycle - Paddle - Hike
35	07:20	All the gear no idea	Cycle - Paddle - Hike
36	07:20	Caldy Codgers	Cycle - Paddle - Hike
37	07:20	May Contain Nuts!	Cycle - Paddle - Hike
38	07:20	The Warrillows	Cycle - Paddle - Hike
39	07:20	Chlozo	Cycle - Paddle - Hike
40	07:20	Duffy	Cycle - Paddle - Hike
41	07:20	Stars of Orleans	Cycle - Paddle - Hike
42	07:20	Blonde Ambition	Cycle - Paddle - Hike
43	07:20	Legs Miserables	Cycle - Paddle - Hike
44	07:20	The 'Geese'	Cycle - Paddle - Hike

45	07:20	TEAM LING	Cycle - Paddle - Hike
46	07:40	TWBC	Cycle - Hike - Paddle
47	07:40	TWBC 2	Cycle - Hike - Paddle
48	07:40	Benelux Bulldogs	Cycle - Hike - Paddle
49	07:40	GB47	Cycle - Hike - Paddle
50	07:40	De Lange Way Round	Cycle - Hike - Paddle
51	07:40	POWRA Rangers	Cycle - Hike - Paddle
52	07:40	GB42	Cycle - Hike - Paddle
53	07:40	Night Walkers V3	Cycle - Hike - Paddle
54	07:40	High Hopes Low Expectations	Cycle - Hike - Paddle
55	07:40	Chafing the Dream	Cycle - Hike - Paddle
56	07:40	Doyle	Cycle - Hike - Paddle
57	07:40	See You Latter	Cycle - Hike - Paddle
58	07:40	Jen & Rach	Cycle - Hike - Paddle
59	07:40	Shaved My Body	Cycle - Hike - Paddle
60	07:40	PatPat	Cycle - Hike - Paddle
61	07:40	Kem	Cycle - Hike - Paddle
62	07:40	Wine not?	Cycle - Hike - Paddle
63	07:40	Blood, Sweat and Gears	Cycle - Hike - Paddle
64	07:40	Rapid Wilko's	Cycle - Hike - Paddle
65	07:40	Fit for the Kids	Cycle - Hike - Paddle
66	07:40	Menzies	Cycle - Hike - Paddle
67	08:00	Salford Gasbags	Cycle - Paddle - Hike
68	08:00	Battle Dads	Cycle - Paddle - Hike
69	08:00	ALLO ALLO	Cycle - Paddle - Hike
70	08:00	Hold Our Beer	Cycle - Paddle - Hike
71	08:00	Warwickshire Wonderers	Cycle - Paddle - Hike
72	08:00	Wilkinson's Are Going Down!	Cycle - Paddle - Hike
73	08:00	Sloppy Seconds	Cycle - Paddle - Hike
74	08:00	Not so fast or furious	Cycle - Paddle - Hike
75	08:00	Scrambled Legs	Cycle - Paddle - Hike
76	08:00	Quantum 2	Cycle - Paddle - Hike
77	08:00	Paddling in Circles	Cycle - Paddle - Hike
78	08:00	Peak Climbers	Cycle - Paddle - Hike
79	08:00	Quantum 5	Cycle - Paddle - Hike
80	08:00	Liv & Jess	Cycle - Paddle - Hike
81	08:00	Shits & giggles	Cycle - Paddle - Hike
82	08:00	Islands in the Stream	Cycle - Paddle - Hike
83	08:00	Team Emmett	Cycle - Paddle - Hike
84	08:00	Toucan Do It	Cycle - Paddle - Hike
85	08:00	Paul & Jo	Cycle - Paddle - Hike
86	08:00	Chalford northerners	Cycle - Paddle - Hike
87	08:00	Allen's	Cycle - Paddle - Hike
88	08:00	WhiteSpider Warriors	Cycle - Paddle - Hike
89	08:20	Motus (TBC)	Cycle - Hike - Paddle
90	08:20	Thomas and the tanks	Cycle - Hike - Paddle
91	08:20	Winners	Cycle - Hike - Paddle
92	08:20	Lady and the tramps	Cycle - Hike - Paddle

93	08:20	Hogleys	Cycle - Hike - Paddle
94	08:20	Riley wanderers	Cycle - Hike - Paddle
95	08:20	Auntie Betty's Cumbrian Puddings	Cycle - Hike - Paddle
96	08:20	Lightspeed Legends	Cycle - Hike - Paddle
97	08:20	The Alpine Avengers	Cycle - Hike - Paddle
98	08:20	Boeing Sheffield	Cycle - Hike - Paddle
99	08:20	Morgan's Muppets	Cycle - Hike - Paddle
100	08:20	Three Men and a Bertie	Cycle - Hike - Paddle
101	08:20	Slugs N' Roses	Cycle - Hike - Paddle
102	08:20	Another Fine Mess V2	Cycle - Hike - Paddle
103	08:20	Sunchasers	Cycle - Hike - Paddle
104	08:20	Maben's	Cycle - Hike - Paddle
105	08:20	SouthGlow	Cycle - Hike - Paddle
106	08:20	Makers of Boys	Cycle - Hike - Paddle
107	08:20	Roam	Cycle - Hike - Paddle