

Team No.	Departure Time	Phase Order	Team Name
001	06:20	Hike - Paddle - Cycle	Spring in a Step
002	06:20	Hike - Paddle - Cycle	Hips, Knees and Toes
003	06:20	Hike - Paddle - Cycle	The Iron Dons
004	06:20	Hike - Paddle - Cycle	Pace it before you make it
005	06:20	Hike - Paddle - Cycle	White lights
006	06:20	Hike - Paddle - Cycle	A long way from home
007	06:20	Hike - Paddle - Cycle	AdVantage 4
008	06:20	Hike - Paddle - Cycle	Pulp Ferixon
009	06:20	Hike - Paddle - Cycle	The Fitness Link
010	06:20	Hike - Paddle - Cycle	Stronger Together
011	06:20	Hike - Paddle - Cycle	Kirsty and Craig
012	06:20	Hike - Paddle - Cycle	Cool Runnings
013	06:20	Hike - Paddle - Cycle	Wynter Plodders
014	06:20	Hike - Paddle - Cycle	UBSPORTY
015	06:20	Hike - Paddle - Cycle	Red Hot Chilli Steppers
016	06:20	Hike - Paddle - Cycle	Turbo Turtles
017	06:20	Hike - Paddle - Cycle	O'DGeer
018	06:20	Hike - Paddle - Cycle	Pedal Princesses
019	06:20	Hike - Paddle - Cycle	S Factor
020	06:20	Hike - Paddle - Cycle	The Vines
021	06:20	Hike - Paddle - Cycle	Pawsome Possey
022	06:20	Hike - Paddle - Cycle	Two out of Three ain't Bad
023	06:20	Hike - Paddle - Cycle	The Peters
024	06:20	Hike - Paddle - Cycle	The Dancing Queens
025	06:20	Hike - Paddle - Cycle	Naked Martin2
026	06:20	Hike - Paddle - Cycle	The Sunsatons
027	06:20	Hike - Paddle - Cycle	The Hitched Hikers
028	06:20	Hike - Paddle - Cycle	Chafing The Dream
029	06:20	Hike - Paddle - Cycle	Movers and Bakers
030	06:20	Hike - Paddle - Cycle	The Beacons Pedalettes
031	06:40	Cycle - Hike - Paddle	The Natural Disasters
032	06:40	Cycle - Hike - Paddle	40+ and fearless
033	06:40	Cycle - Hike - Paddle	The Butlins Crew
034	06:40	Cycle - Hike - Paddle	Off-Leash Legends
035	06:40	Cycle - Hike - Paddle	Team Unity
036	06:40	Cycle - Hike - Paddle	The Chelmo 4
037	06:40	Cycle - Hike - Paddle	Are we there yet ?
038	06:40	Cycle - Hike - Paddle	Emerhams
039	06:40	Cycle - Hike - Paddle	Fun Time
040	06:40	Cycle - Hike - Paddle	Soft tail mountain bikers
041	06:40	Cycle - Hike - Paddle	Generation Duo
042	06:40	Cycle - Hike - Paddle	Pineapple Rocks Socks
043	06:40	Cycle - Hike - Paddle	Sun Time
044	06:40	Cycle - Hike - Paddle	HumpLine

045	06:40	Cycle - Hike - Paddle	The Blazers
046	06:40	Cycle - Hike - Paddle	Kate & Lindsey
047	06:40	Cycle - Hike - Paddle	Which Way!?
048	06:40	Cycle - Hike - Paddle	Dalmatian Party
049	06:40	Cycle - Hike - Paddle	Gstar
050	06:40	Cycle - Hike - Paddle	Aaron & Becks
051	06:40	Cycle - Hike - Paddle	Like To TRI Something Different
052	06:40	Cycle - Hike - Paddle	Team Little-West's
053	06:40	Cycle - Hike - Paddle	Accidentally Adventurous
054	06:40	Cycle - Hike - Paddle	Slow Motion Commotion
055	06:40	Cycle - Hike - Paddle	Two Tired But Thriving
056	06:40	Cycle - Hike - Paddle	SamAndElla
057	06:40	Cycle - Hike - Paddle	Thelma & Louise
058	06:40	Cycle - Hike - Paddle	Pinco's
059	06:40	Cycle - Hike - Paddle	Pure Force
060	06:40	Cycle - Hike - Paddle	Adventure before Dementia
061	07:00	Hike - Paddle - Cycle	The Rockes
062	07:00	Hike - Paddle - Cycle	Class of BRJ
063	07:00	Hike - Paddle - Cycle	South Downs, and Out!
064	07:00	Hike - Paddle - Cycle	We're in this together!
065	07:00	Hike - Paddle - Cycle	Team Greenplan
066	07:00	Hike - Paddle - Cycle	FishKnaps
067	07:00	Hike - Paddle - Cycle	South Downs Revisited
068	07:00	Hike - Paddle - Cycle	Up for a challenge
069	07:00	Hike - Paddle - Cycle	Nifty for Fifty!
070	07:00	Hike - Paddle - Cycle	49ers
071	07:00	Hike - Paddle - Cycle	Dunc bros
072	07:00	Hike - Paddle - Cycle	Review Displays Grey
073	07:00	Hike - Paddle - Cycle	Review Displays Black
074	07:00	Hike - Paddle - Cycle	Review Displays White
075	07:00	Hike - Paddle - Cycle	Review Displays Blue
076	07:00	Hike - Paddle - Cycle	Melica Muntricks
077	07:00	Hike - Paddle - Cycle	Tri-Hard, Cry Later
078	07:00	Hike - Paddle - Cycle	Toby/Freddie
079	07:00	Hike - Paddle - Cycle	Hud, Sweat & Tears
080	07:00	Hike - Paddle - Cycle	How hard can it be?!
081	07:00	Hike - Paddle - Cycle	Me & You Hikebikecanoe
082	07:00	Hike - Paddle - Cycle	LA Legends
083	07:00	Hike - Paddle - Cycle	Peanut Chubbies
084	07:00	Hike - Paddle - Cycle	Team Thurlow
085	07:00	Hike - Paddle - Cycle	The Comedjays
086	07:00	Hike - Paddle - Cycle	Team Thomas
087	07:00	Hike - Paddle - Cycle	The Loafers
088	07:00	Hike - Paddle - Cycle	Chips n Gravy
089	07:00	Hike - Paddle - Cycle	Blazing Saddles
090	07:00	Hike - Paddle - Cycle	The Mighty Walkers

091	07:20	Cycle - Hike - Paddle	Rinkit
092	07:20	Cycle - Hike - Paddle	Four Crying Out Loud
093	07:20	Cycle - Hike - Paddle	Embrace the fun
094	07:20	Cycle - Hike - Paddle	Sole Sisters
095	07:20	Cycle - Hike - Paddle	Wrong Direction
096	07:20	Cycle - Hike - Paddle	Stiff in the morning
097	07:20	Cycle - Hike - Paddle	The Jam First Justice League
098	07:20	Cycle - Hike - Paddle	Young at heart !
099	07:20	Cycle - Hike - Paddle	Fact Hunters
100	07:20	Cycle - Hike - Paddle	Hearts & Soles
101	07:20	Cycle - Hike - Paddle	Plaxtol Porpoises
102	07:20	Cycle - Hike - Paddle	Flatter on the Map
103	07:20	Cycle - Hike - Paddle	The Harrogate Ladies
104	07:20	Cycle - Hike - Paddle	Sealey Sun Seekers
105	07:20	Cycle - Hike - Paddle	Henfield Besties
106	07:20	Cycle - Hike - Paddle	Can't say no!
107	07:20	Cycle - Hike - Paddle	Rees-Leary Horizon Chasers
108	07:20	Cycle - Hike - Paddle	Just for vibes
109	07:20	Cycle - Hike - Paddle	Langham Road Duo
110	07:20	Cycle - Hike - Paddle	In it for the medal.
111	07:20	Cycle - Hike - Paddle	Bean&ScotchEgg
112	07:20	Cycle - Hike - Paddle	Blister Brothers
113	07:20	Cycle - Hike - Paddle	Sakura Storm
114	07:20	Cycle - Hike - Paddle	The Moyes Boys (Senior)
115	07:20	Cycle - Hike - Paddle	Joy Riders
116	07:20	Cycle - Hike - Paddle	The Ferry's
117	07:20	Cycle - Hike - Paddle	Crikey Crumpeteers
118	07:20	Cycle - Hike - Paddle	Mares on a Mission
119	07:20	Cycle - Hike - Paddle	A Pair of Pedal, Plod & Paddlers!
120	07:20	Cycle - Hike - Paddle	The J&L Duo
121	07:40	Hike - Paddle - Cycle	HIIT mums: chasing the sun
122	07:40	Hike - Paddle - Cycle	The Guncast Grind
123	07:40	Hike - Paddle - Cycle	All Klafs, No Chill
124	07:40	Hike - Paddle - Cycle	Driven by Service
125	07:40	Hike - Paddle - Cycle	The Galaxy Gladiators
126	07:40	Hike - Paddle - Cycle	Breezy Boys
127	07:40	Hike - Paddle - Cycle	Two Charlies and a Lids
128	07:40	Hike - Paddle - Cycle	Chafing Sunsets
129	07:40	Hike - Paddle - Cycle	Pegasus pirates
130	07:40	Hike - Paddle - Cycle	Four-ward Facing
131	07:40	Hike - Paddle - Cycle	How much further?
132	07:40	Hike - Paddle - Cycle	Daire
133	07:40	Hike - Paddle - Cycle	Bolt to the finish
134	07:40	Hike - Paddle - Cycle	She made me do it.
135	07:40	Hike - Paddle - Cycle	Balham Brothers
136	07:40	Hike - Paddle - Cycle	Gold Nuggets

137	07:40	Hike - Paddle - Cycle	Spin & Tonic
138	07:40	Hike - Paddle - Cycle	The Watsons
139	07:40	Hike - Paddle - Cycle	Sister Act
140	07:40	Hike - Paddle - Cycle	Super Sibs
141	07:40	Hike - Paddle - Cycle	Dream Team
142	07:40	Hike - Paddle - Cycle	Are we there yet
143	07:40	Hike - Paddle - Cycle	Two Sheets Two The Wind
144	07:40	Hike - Paddle - Cycle	Team Crep Protect
145	07:40	Hike - Paddle - Cycle	T2
146	07:40	Hike - Paddle - Cycle	Here for the Smiles, Not the Miles
147	07:40	Hike - Paddle - Cycle	Great Scotts!!
148	07:40	Hike - Paddle - Cycle	Phineas and Ferb
149	07:40	Hike - Paddle - Cycle	The Rices
150	07:40	Hike - Paddle - Cycle	The A Frames
151	08:00	Cycle - Hike - Paddle	Kate's Crew
152	08:00	Cycle - Hike - Paddle	Morgan's Machines
153	08:00	Cycle - Hike - Paddle	Aon FAC Herley
154	08:00	Cycle - Hike - Paddle	The Fancy Nancys
155	08:00	Cycle - Hike - Paddle	Zoe
156	08:00	Cycle - Hike - Paddle	Blood Sweat and Beers
157	08:00	Cycle - Hike - Paddle	Aon Fac Team
158	08:00	Cycle - Hike - Paddle	Team Sunsational
159	08:00	Cycle - Hike - Paddle	The Rave and Rascal
160	08:00	Cycle - Hike - Paddle	The Pinard Bro's
161	08:00	Cycle - Hike - Paddle	Dual Edge
162	08:00	Cycle - Hike - Paddle	Scrambled Legs
163	08:00	Cycle - Hike - Paddle	Hammertons
164	08:00	Cycle - Hike - Paddle	Sunstoppable
165	08:00	Cycle - Hike - Paddle	Twinny Twinny Six
166	08:00	Cycle - Hike - Paddle	Cross country bandits
167	08:00	Cycle - Hike - Paddle	Legioni
168	08:00	Cycle - Hike - Paddle	Hat Trick Chicks
169	08:00	Cycle - Hike - Paddle	Manor 96
170	08:00	Cycle - Hike - Paddle	Moshas
171	08:00	Cycle - Hike - Paddle	Marriage Therapy, Craney Style
172	08:00	Cycle - Hike - Paddle	Miles for smiles
173	08:00	Cycle - Hike - Paddle	2 Generations of genius
174	08:00	Cycle - Hike - Paddle	Lottie&Sharon
175	08:00	Cycle - Hike - Paddle	Gold Girls
176	08:00	Cycle - Hike - Paddle	Costa Del Cants
177	08:00	Cycle - Hike - Paddle	Team Pink Socks
178	08:00	Cycle - Hike - Paddle	Tri like a girl
179	08:00	Cycle - Hike - Paddle	Imposter Syndrome
180	08:00	Cycle - Hike - Paddle	The Rocket Robinson's